

Manual therapy treatments use hands-on techniques to help improve joint alignment, mobility, muscle function, and movement while addressing areas contributing to pain and discomfort. Our skilled therapists use individualized techniques to target conditions affecting the spine and extremities—from the neck and back to the shoulders, hips, wrists, hands, feet, and other joints—helping patients move more comfortably and function at their best.

MANUAL THERAPY TREATMENTS

Alignment corrections to address symptomatic reports of pain to include the following:

- Sacroiliac joint pain
- Cervical through lumbar spine pain
- Sternoclavicular and acromioclavicular pain
- Tibial rotations or fibula head dysfunction
- Radial head dysfunction
- Hand, wrist, foot pain

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Treatments:

- Muscle Energy Techniques
- Functional Indirect Techniques
- Strain/Counterstrain Techniques
- Myofascial Release
- Joint Mobilizations
- Manual traction



Manual therapy is designed to help restore movement, reduce symptoms, and support return to everyday activities in less time with more immediate results.

IF YOU OR SOMEONE YOU KNOW COULD BENEFIT FROM THIS PROGRAM PLEASE CALL

580.251.8460

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