

IT'S NOT JUST A DAY, IT'S A MOVEMENT.

# 2021 National Rural Health Day

## **Coloring Contest**

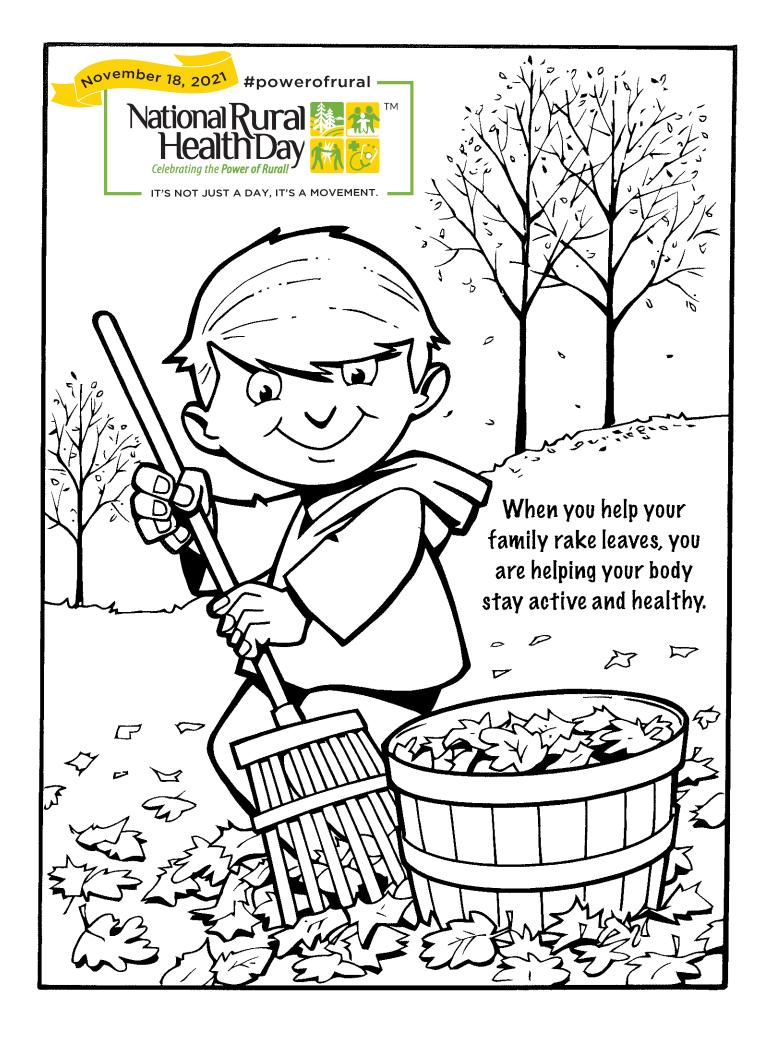
### **Elementary Kids – Pre-K through 3rd Grade**

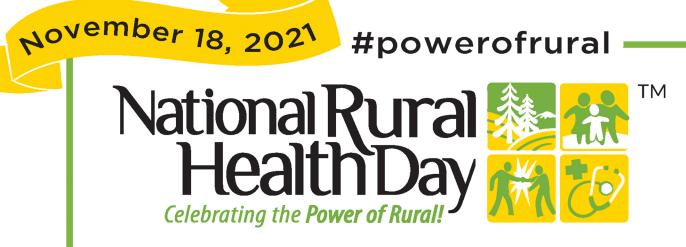
Rules: Choose a picture to color. Turn your art into Ringling Family Care. Entries must be received by 3:00 pm, Friday, November 12, 2021. Please be sure to write on the back of your art:

Name		
Age/Grade		
Phone		
City		

A winner for each grade will be selected and receive a Sonic Gift Card. Their photo and art will be displayed on our Facebook page and hung in the Ringling Family Care Clinic.







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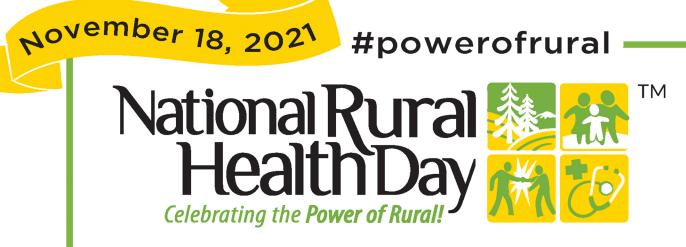
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Washing your hands helps to stop the spread of germs. Sing the happy birthday song while you wash, because that's how long it takes to make sure your hands are good and clean!





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