



Horizons can help.

Every day of life should be lived fully. Changes that come with aging can be challenging, making it difficult to enjoy life for those who are growing older and for the families. DRH Health's Horizons Unit is a 12-bed, private room inpatient behavioral health unit with programming designed to address specific issues of individuals 65 years or older.

- Loss of loved ones
- Physical health challenges
- Changes in independence associated with aging

HORIZONS

We provide:

- Mental status evaluations
- Counseling
- Patient and family education
- 24 hour nursing care
- Medication management
- Medical consultation
- Interdisciplinary treatment planning
- Structured daily activities
- Discharge Planning

Each patient's treatment plan will guide their activities.

Treatment plans may include:

- Individual and/or family counseling
- Group psychotherapy
- Recreational therapy/activities
- Interaction with therapy canine



Provided are Patient progress reports to referral sources upon request and as consented to by the patient.

Tell your primary care provider if:

- You have trouble functioning
- You can't think clearly or make decisions
- You have lost or gained weight as a result of your situation
- You have difficulty sleeping or sleep too much/isolating
- You are using drugs and alcohol to cope
- You are angry or sad most of the time

Primary care providers are often the first to recognize symptoms. An estimated 7 or 10 office visits are for stress or anxiety-related complaints. If not treated, these conditions affect the quality of life but impact the patient's physical health.

Visiting hours:

- Daily 5:30 to 6:30 pm
- Saturday, Sunday, and holidays: 10:00 am to 11:00 am

IF YOU OR SOMEONE YOU KNOW COULD BENEFIT FROM THIS PROGRAM
PLEASE CALL

580.251.6630

