



DRH Imaging (in conjunction with DRH Health) uses state-of-the-art equipment, including a digital computer-aided detection and diagnosis mammography system. Take a preventive approach to your health. Early breast cancer detection leads to more successful treatment.

- Approximately 1 in 8 women in the US will develop breast cancer in their lifetime.
- Breast cancer is the second leading cause of cancer death in women.

# BREAST HEALTH

The American College of Radiology (ACR) and the Society of Breast Imaging (SBI) recommend annual screening mammograms for women ages 40 and older. Mammography is the best screening examination available.

- It detects approximately 2 to 3 times as many early breast cancers as a physical examination.
- A mammogram will often identify breast cancer before discovering a lump. Only 10% of breast cancers will not be determined until a lump forms.
- Mammography, clinical exams, and monthly self-examination are all essential components of breast cancer detection.



**Screening mammogram:** This is recommended annually for women who have no abnormal breast findings or symptoms. Does not require a physician's order.

**Diagnostic mammogram:** This is a problem-solving examination for patients who have had an abnormal breast finding or symptom. A diagnostic mammogram is prescribed by the patient's primary care provider and under a radiologist's consultation.

**Breast ultrasound:** An ultrasound evaluates abnormal areas seen on mammograms or felt during a clinical exam. It helps determine whether a lump is fluid-filled or solid. Solid masses are more frequently associated with cancer. This procedure uses sound waves to create a digital image of the breast.

**Biopsy:** A biopsy may be required if you or your healthcare provider discover a suspicious area, calcification, lump, or other change in your breast. A tissue sample is removed from the site in question and sent for evaluation under a microscope. Our radiologists perform biopsies in an outpatient setting at DRH Health.

Take a preventative approach to your health. Schedule your screening mammogram today! A physician's order is not required.

PLEASE CALL

**580.251.6670**

