

Substance means any medication/drug you take or use to feel differently. Examples include alcohol, opioid/pain medications, methamphetamine, marijuana, or any prescribed medication or illegal drug. And over the past year is the time frame the questions reference.

Diagnostic Criteria for Substance Use Disorder	Yes OR No
1. Have you ever taken medication/substances in larger amounts or over a longer period of time than intended or prescribed?	
2. Have you tried to cut down or stop taking but you are not able?	
3. Do you spend more and more time in activities necessary to obtain, to use or to recover from the effects of the substances OR have you purchased the substance illegally (ie off the street)?	
4. Do you have trouble controlling when you use the substance again? (ie when next dose of medication is due).	
5. Have there been times you have not been able to complete your work or necessary obligations at work, school or home due to the need to take opiate medications?	
6. Do you continue to take opiate medications despite having persistent or recurrent social or relationship problems caused by the substance?	
7. Do you spend less time doing personal or social activities you once did because of substance use?	
8. Have you used substances while doing while driving, operating machinery or when the use put others or yourself in danger?	
9. Have others including your spouse, physician or friend urged you to cut back or stop using substances but you have not been able to cut back	
10. Have you realized you need to take more and more amounts of the substance to achieve the same desired effect (ie pain relief, "feel normal", etc)	
11. If you don't or cannot take or use the substance, do you start to get sick, have cravings or strong desires to take the medication	

If you answered YES to more than two of these questions, you could have a substance use problem. If this is the case, please consider discussing this with your healthcare provider or calling our office for a personal evaluation by one of our providers