

SETTING THE STANDARD

Duncan Regional Hospital strives to meet the need of every person who needs health care in Southwest Oklahoma. Consistently, Duncan Regional scores high in patient satisfaction and safety, offering quality care at prices well below the national average. Higher survival rates, fewer complications, shorter patient stays . . . we're Setting the Standard!

- **COMPREHENSIVE REHABILITATION UNIT**
251-8100; 251-9015; 251-1052
A vital stop on the road to regaining independence, our CRU is fully furnished, comfortable and conveniently located inside the hospital. Staffed by licensed and board-certified specialists.
- **BIRTH CENTER – 251-8830**
Eight homey labor-delivery-recover-postpartum (LDRP) rooms with a bed that converts to a birthing bed. Also has its own surgical suite for Cesarean sections and two surgical recovery rooms that eliminate the need to transport patients to and from the Surgery Unit. The centralized bedside fetal monitoring system allows staff to see what's happening from any room in the Birth Center. The birth center's nursery has a state-of-the-art security system.
- **WELLNESS CENTER – 251-8882**
Whether you are new to exercise programs or maintaining a healthy lifestyle, the Wellness Center can help you prepare for lifelong wellness. Certified/licensed health and fitness professionals supervise programs in our medically based fitness center.
- **HANDS ON HEALTH – 251-6602**
Hands on Health Interactive Learning Center is designed and developed to the highest standards of experiential and educational excellence. It is designed for students from Kindergarten through 8th grade to explore, interact, and discover key learnings that will shape their lives and their careers. Most of all, it is FUN, creating the very best means to really learn!
- **CANCER CENTERS OF S.W.OK. – 251-6600**
The Taylor LeNorman / McCasland Cancer Center is located on the southeast corner of DRH's campus. The center offers both radiation therapy and chemotherapy and is equipped with a linear accelerator to deliver the precise levels of radiation necessary for each patients' treatment plan.
- **SLEEP STUDY LAB – 251-8777**
DRH's Sleep Center is dedicated to the diagnosis and treatment of sleep apnea and related ailments. Approximately 70-80 sleep studies are performed here monthly. Patients spend the night in one of our comfortable, state-of-the-art rooms. A computerized sleep system monitors brain activity, airflow, breathing pattern, heart rate, oxygen saturation level, leg movement, chest and abdominal movement, and sleep positions.
- **CARDIAC REHABILITATION – 251-8460**
Once your physician has referred you for cardiac rehabilitation, your healthcare team will perform a thorough evaluation and tailor a cardiac rehab program for you, making sure it's safe and effective.
- **CHISHOLM TRAIL HOSPICE – 251-8764**
JCAHO accredited and the only not-for-profit hospice in Stephens County. Better than 20 years of service that includes respite care, nurses that are certified in hospice and palliative care, an MSW on staff, as well as grief support.
- **HOMECARE – 251-8752**
Since 1986 Duncan Regional Hospital has been providing comprehensive home care to patients in our service area. Our staff has education and experience in the specialty areas of critical care, pediatrics, medical-surgical, orthopaedics, outpatient surgery, gynecology and oncology.
- **INSPIRATIONS OUTPATIENT BEHAVIORAL HEALTH – 251-8250**
Offering outpatient counseling services to patients with mild to moderate psychiatric symptoms in a comfortable environment. Group activities and sessions with a licensed professional counselor and if needed, weekly visits with a psychiatrist for medication management or one-on-one sessions.
- **DRH IMAGING – 251-6670**
DRH Imaging is a state-of-the-art outpatient facility, specifically designed to meet your diagnostic and imaging needs. The center includes top-of-the line open-style MRI, state-of-the-art CT scanning as well as new ultrasound units, digital x-ray and mammography equipment that represents a \$3 million investment in providing diagnostic care found nowhere else in southwestern Oklahoma.
- **OUTPATIENT REHABILITATION SERVICES**
251-8460
Offering speech and occupational therapy, physical therapy including sports medicine, therapeutic massage, neurological treatment, hand therapy, pain management and much more.



Caring for Community

At Duncan Regional Hospital, one of our goals is to keep the community informed and to offer support for any health care issues anyone may be experiencing. Our services to the community include health forums, learning seminars and support groups.

We currently offer the following support groups that meet regularly on the DRH campus. These groups are led by qualified facilitators and offered free to the public. Please call to confirm time and place because at times it is necessary to reschedule or cancel.

- **DIABETES SUPPORT GROUP** meets the first Thursday of each month at the Health Education Center; scheduled time 6:30 p.m. – 7:30 p.m. Please call 251-8461.
- **CARDIOVASCULAR SUPPORT GROUP** meets the second Monday of the month at the Health Education Center, scheduled time 7:00 p.m. – 8:00 p.m. Please call 251-8893.
- **LOOK GOOD . . . FEEL BETTER** for women with cancer; meets the second Tuesday of each month in Conference Center Room 4, scheduled time 6:00 p.m. – 8:00 p.m. Please call 255-8132 to register.
- **MAN TO MAN PROSTATE CANCER SUPPORT GROUP** meets the third Tuesday of the month in Conference Center Room 3, scheduled time 6:00 p.m. – 8:00 p.m. Please call 251-8893.
- **STROKE SUPPORT GROUP** meets the last Thursday of each month in Conference Center Room 2, scheduled time 6:30 p.m. – 8:00 p.m. Please call 251-8557.
- **GRIEF SUPPORT GROUP** meets the fourth Thursday of each month at the Health Education Center; scheduled time noon. Call 251-8674 for more information.
- **CANCER SUPPORT GROUP** is held on the last Monday of each month at 7:00 p.m. in the DRH Learning Center. For more information and dates, please call 251-8198.
- **MULTIPLE SCLEROSIS SUPPORT GROUP** meets on the third Tuesday of each month at 6:30 p.m. in the Health Education Center. For more information and dates call 252-2439.
- **SLEEP DISORDER SUPPORT GROUP** meets once a month at 7:00 p.m. in the Health Education Center. For dates and additional information, please call 252-4700.

Grief Education Classes are offered by Chisholm Trail Hospice, a service of Duncan Regional Hospital, throughout the year. For information about classes or the support group, call 251-8674.

Car Seat Safety Checks are offered free twice a year. Bring the car seats you are currently using and have an expert check their safety and show you how to properly use them.

Safe Sitter Classes are offered to teenagers who want to learn everything about babysitting. There are classes available during the summer.

Health Connections, educational seminars presented by physicians or licensed professionals that cover a wide range of health care topics; offered to the public free of charge.

Health Careers Club is open to all Stephens County high school students. The club meets monthly with presentations by local and area health care professionals. For more information, contact Betty Beck at 251-8495.

Coaches Clinic is a free sports medicine seminar offered to area coaches every summer. For more information call Rehabilitation Services at 251-8460.

Heartsaver CPR is offered six times a year from 3:30 p.m. 5:30 p.m. in Conference Center Room 1. Please call 251-8893 for dates and additional information.

The Journey Begins, and **The Breast Way** provide information and support to new parents and women wishing to breast feed. Call the Birth Center at 251-8830 Monday through Friday 8:00 a.m. – 4:00 p.m. for information regarding dates, times and meeting places.

For information about support groups, health screenings or health forums please call the Education Department at 251-8893.

DUNCAN
REGIONAL HOSPITAL
Caring for Community

